

COWDRAY 5k & 10k RESULTS

Overall	Gender	Fin Order	Distance	f name	l name	gender	category	canicross	number	Time	Start time	Finish time
10k non Canicross												
1	1	33	10K	Benedict	Robinson	Male	Sen	No	105	00:41:51	00:02:00	00:43:51
2	2	34	10K	Seth	Wise	Male	Sen	No	136	00:42:03	00:02:00	00:44:03
3	3	35	10K	Tom	Frost	Male	Vet	No	36	00:42:25	00:02:00	00:44:25
4	1	37	10k	lucy	hilton	female	sen	No	154	00:42:46	00:02:00	00:44:46
5	4	40	10K	Jason	Snow	Male	Sen	No	122	00:44:37	00:02:00	00:46:37
6	5	41	10K	jack	harding	male	sen	No	104	00:44:41	00:02:00	00:46:41
7	6	44	10K	Tom	best	male	sen	No	92	00:45:36	00:02:00	00:47:36
8	7	45	10K	Duncan	Stephenson-Gill	Male	Vet	No	124	00:46:17	00:02:00	00:48:17
9	8	46	10K	Stuart	Harvey	Male	Sen	No	50	00:46:32	00:02:00	00:48:32
10	9	47	10K	Gary	Griffiths	Male	Sen	No	44	00:46:40	00:02:00	00:48:40
11	2	48	10K	Tamara	Lake	Female	Vet	No	70	00:46:48	00:02:00	00:48:48
12	3	49	10k	sofia	hearing	female	sen	No	147	00:47:45	00:02:00	00:49:45
13	10	50	10K	Tony	Humberstone	Male	Sen	No	65	00:47:52	00:02:00	00:49:52
14	11	51	10K	Peter	Seth	Male	Vet	No	113	00:47:57	00:02:00	00:49:57
15	12	52	10K	Steve	Hathaway	Male	Sen	No	54	00:48:21	00:02:00	00:50:21
16	13	53	10K	Mark	Scott	Male	Sen	No	112	00:48:22	00:02:00	00:50:22
17	14	54	10K	Paul	Mattocks	Male	Sen	No	80	00:48:53	00:02:00	00:50:53

1	1	33	10K	Benedict	Robinson	Male	Sen	No	105	00:41:51	00:02:00	00:43:51
18	15	55	10k	marcus	white	male	vet	No	151	00:49:10	00:02:00	00:51:10
19	16	56	10K	Heath	Lewis	Male	Sen	No	74	00:49:16	00:02:00	00:51:16
20	17	57	10K	George	Lyle	Male	Sen	No	77	00:49:41	00:02:00	00:51:41
21	18	59	10K	Tim	Canham	Male	Vet	No	23	00:50:08	00:02:00	00:52:08
22	19	60	10K	Henry	Matthews-Smith	Male	Sen	No	79	00:50:17	00:02:00	00:52:17
23	20	61	10K	Jason	White	Male	Sen	No	133	00:50:28	00:02:00	00:52:28
24	21	62	10K	Ben	Clarke	Male	Sen	No	27	00:50:38	00:02:00	00:52:38
25	22	63	10K	Martin	Wood	Male	Sen	No	138	00:51:28	00:02:00	00:53:28
26	23	64	10K	Gary	Smith	Male	Vet	No	120	00:51:34	00:02:00	00:53:34
27	24	65	10K	Allan	Griffiths	Male	Sen	No	43	00:52:04	00:02:00	00:54:04
28	25	66	10K	Callum	Meeney	Male	Sen	No	81	00:52:15	00:02:00	00:54:15
29	26	67	10K	Andre	Fruzzo	Male	Sen	No	37	00:52:24	00:02:00	00:54:24
30	27	68	10K	Tony	Holcombe	Male	Vet	No	60	00:52:59	00:02:00	00:54:59
31	28	69	10K	Peter	Ramsdale	Male	Vet	No	101	00:53:34	00:02:00	00:55:34
32	29	71	10k	Paul	Stevens	Male	Sen	No	143	00:54:09	00:02:00	00:56:09
33	30	72	10K	Ian	Robertson	Male	Sen	No	46	00:54:20	00:02:00	00:56:20
34	31	73	10k	paul	parkin	male	vet	No	158	00:54:32	00:02:00	00:56:32
35	4	74	10K	Vicki	Purewal	Female	Sen	No	100	00:54:35	00:02:00	00:56:35
36	32	75	10K	Karl	Page	Male	Sen	No	89	00:54:39	00:02:00	00:56:39
37	33	76	10K	Steve	Ashby	Male	Sen	No	2	00:54:39	00:02:00	00:56:39
38	5	77	10K	Kirsty	Ashby	Female	Sen	No	4	00:54:41	00:02:00	00:56:41
39	6	78	10K	Mandy	Parke	Female	Sen	No	90	00:54:56	00:02:00	00:56:56
40	34	79	10K	Phil	Clarke	Male	Sen	No	28	00:55:17	00:02:00	00:57:17
41	7	80	10K	Nic	Ashby	Female	Sen	No	3	00:55:39	00:02:00	00:57:39
42	35	70	10K	Jonathan	Russell	Male	Sen	No	109	00:55:47	00:00:00	00:55:47
43	36	81	10K	Lee	Neale	Male	Vet	No	52	00:55:57	00:02:00	00:57:57
44	8	82	10K	Claire	Barclay	Female	Sen	No	9	00:56:14	00:02:00	00:58:14
45	9	83	10K	Elizabeth	Robinson	Female	Sen	No	106	00:56:15	00:02:00	00:58:15
46	37	84	10K	Michael	Bates	Male	Sen	No	12	00:56:19	00:02:00	00:58:19

1	1	33	10K	Benedict	Robinson	Male	Sen	No	105	00:41:51	00:02:00	00:43:51
47	38	85	10K	Clive	Harvey	Male	Vet	No	51	00:56:25	00:02:00	00:58:25
48	39	86	10K	Wayne	Young	Male	Vet	No	142	00:56:56	00:02:00	00:58:56
49	10	88	10K	Samantha	Morfee	Female	Sen	No	85	00:57:26	00:02:00	00:59:26
50	40	89	10K	Trevor	Harvey	Male	Vet	No	53	00:57:33	00:02:00	00:59:33
51	11	90	10K	Michelle	Nutting	Female	Sen	No	86	00:58:30	00:02:00	01:00:30
52	12	91	10K	Belinda	Harding	Female	Vet	No	47	00:58:54	00:02:00	01:00:54
53	41	92	10K	Robert	Catlin	Male	Vet	No	24	00:58:56	00:02:00	01:00:56
54	42	93	10K	Neil	Pacey	Male	Sen	No	88	00:59:14	00:02:00	01:01:14
55	13	94	10K	Katie	Lyall	Female	Sen	No	76	00:59:21	00:02:00	01:01:21
56	14	95	10K	Michelle	Kyte	Female	Sen	No	68	00:59:22	00:02:00	01:01:22
57	43	96	10K	Jeremy	Harrison	Male	Vet	No	48	00:59:35	00:02:00	01:01:35
58	15	97	10K	Tina	Denyer	Female	Sen	No	31	00:59:45	00:02:00	01:01:45
59	44	98	10K	Martin	Fryer	Male	Vet	No	38	00:59:56	00:02:00	01:01:56
60	45	100	10K	Daniel	Minter	Male	Sen	No	84	01:00:07	00:02:00	01:02:07
61	46	101	10K	Chris	Peat	Male	Sen	No	95	01:00:15	00:02:00	01:02:15
62	47	102	10k	nick	thorpe	male	vet	No	153	01:00:18	00:02:00	01:02:18
63	16	103	10K	Caroline	Parry	Female	Sen	No	93	01:00:24	00:02:00	01:02:24
64	17	104	10K	Miranda	Prudente	Female	Sen	No	99	01:00:26	00:02:00	01:02:26
65	18	105	10K	Debbie	Patching	Female	Vet	No	94	01:00:30	00:02:00	01:02:30
66	19	106	10K	Madeleine	Charbine	Female	Sen	No	25	01:00:32	00:02:00	01:02:32
67	20	107	10K	Gemma	Young	Female	Sen	No	140	01:00:37	00:02:00	01:02:37
68	21	108	10K	Vanessa	Scott	Female	Sen	No	111	01:01:11	00:02:00	01:03:11
69	22	109	10K	Rachel	Stock	Female	Vet	No	125	01:01:18	00:02:00	01:03:18
70	48	110	10K	Mike	Hughes	Male	Sen	No	64	01:01:27	00:02:00	01:03:27
71	23	111	10K	Tracy	Farthing	Female	Sen	No	35	01:02:07	00:02:00	01:04:07
72	49	112	10K	Steve	Baldwin	Male	Sen	No	7	01:02:24	00:02:00	01:04:24
73	24	114	10K	Maddie	Hathaway	Female	Vet	No	55	01:02:34	00:02:00	01:04:34
74	25	117	10K	Lucy	Pocock	Female	Sen	No	97	01:03:48	00:02:00	01:05:48
75	26	118	10K	Cara	Lester-Smith	Female	Sen	No	73	01:03:53	00:02:00	01:05:53

1	1	33	10K	Benedict	Robinson	Male	Sen	No	105	00:41:51	00:02:00	00:43:51
76	27	119	10K	Tina	Laing	Female	Vet	No	69	01:04:11	00:02:00	01:06:11
77	28	120	10K	Louise	Turner	Female	Sen	No	130	01:04:19	00:02:00	01:06:19
78	29	121	10K	Anne-Marie	Greenway	Female	Vet	No	42	01:04:34	00:02:00	01:06:34
79	30	116	10K	Rachel	Dryden	Female	Sen	No	32	01:04:44	00:00:00	01:04:44
80	31	122	10K	Rebecca	Gooda	Female	Sen	No	40	01:05:04	00:02:00	01:07:04
81	32	125	10K	Sarah	Smith	Female	Vet	No	119	01:05:43	00:02:00	01:07:43
82	33	126	10K	Louise	Cooke	Female	Sen	No	29	01:05:49	00:02:00	01:07:49
83	34	128	10K	Laura	Hughes	Female	Sen	No	63	01:06:22	00:02:00	01:08:22
84	35	129	10K	Clare	Volant	Female	Sen	No	131	01:06:27	00:02:00	01:08:27
85	36	130	10K	Claire	Richardsdon	Female	Sen	No	103	01:06:52	00:02:00	01:08:52
86	50	131	10K	John	Heaver	Male	Sen	No	57	01:06:53	00:02:00	01:08:53
87	37	132	10K	Helen	Saelensminde	Female	Sen	No	110	01:07:08	00:02:00	01:09:08
88	38	134	10k	Lauren	Tuffee	Female	sen	No	157	01:07:26	00:02:00	01:09:26
89	39	135	10K	Clare	Snow	Female	Sen	No	121	01:08:14	00:02:00	01:10:14
90	51	136	10K	Dan	Dubickas	Male	Sen	No	33	01:08:21	00:02:00	01:10:21
91	52	137	10K	David	Bagg	Male	Sen	No	6	01:08:21	00:02:00	01:10:21
92	40	138	10k	Lauren	Tuffee	Female	sen	No	157	01:08:22	00:02:00	01:10:22
93	41	139	10K	Ronnie	Redstone	Female	Vet	No	102	01:08:23	00:02:00	01:10:23
94	42	140	10k	debbie	rowland	female	sen	No	150	01:08:37	00:02:00	01:10:37
95	43	141	10k	sandra	thorpe	female	vet	No	155	01:09:37	00:02:00	01:11:37
96	44	142	10K	Rebecca	Thorpe	Female	Sen	No	128	01:09:41	00:02:00	01:11:41
97	45	143	10K	Arienne	Bassett	Female	Sen	No	11	01:09:46	00:02:00	01:11:46
98	46	144	10K	Fiona	O'Shaughnessy	Female	Sen	No	87	01:09:47	00:02:00	01:11:47
99	47	146	10K	Michele	Peet	Female	Sen	No	96	01:10:50	00:02:00	01:12:50
100	48	147	10K	Hannah	Miller	Female	Sen	No	83	01:11:20	00:02:00	01:13:20
101	49	148	10K	Claire	Williams	Female	Sen	No	135	01:12:05	00:02:00	01:14:05
102	53	149	10K	Douglas	Howard	Male	Sen	No	61	01:12:12	00:02:00	01:14:12
103	50	150	10K	Lorraine	Howard	Female	Sen	No	62	01:12:13	00:02:00	01:14:13
104	51	151	10K	Karen	Ball	Female	Sen	No	8	01:12:27	00:02:00	01:14:27

1	1	33	10K	Benedict	Robinson	Male	Sen	No	105	00:41:51	00:02:00	00:43:51
105	52	152	10K	Laura	Hart	Female	Sen	No	49	01:12:28	00:02:00	01:14:28
106	53	153	10k	rebecca	taylor	female	sen	No	148	01:13:02	00:02:00	01:15:02
107	54	154	10K	Emma	Wholey	Female	Sen	No	134	01:13:02	00:02:00	01:15:02
108	55	155	10K	Leonette	Lees	Female	Sen	No	72	01:13:03	00:02:00	01:15:03
109	56	156	10K	Samantha	Yates	Female	Vet	No	139	01:13:38	00:02:00	01:15:38
110	57	157	10K	Nicky	King	Female	Vet	No	67	01:13:39	00:02:00	01:15:39
111	54	158	10K	Eric	Beck	Male	Vet	No	13	01:13:45	00:02:00	01:15:45
112	58	159	10K	Jennifer	Beck	Female	Vet	No	14	01:13:46	00:02:00	01:15:46
113	59	160	10K	Hannah	Wise	Female	Sen	No	137	01:13:47	00:02:00	01:15:47
114	60	161	10K	Gemma	Wells	Female	Sen	No	132	01:13:47	00:02:00	01:15:47
115	61	162	10K	Cathryn	Beresford	Female	Vet	No	15	01:13:56	00:02:00	01:15:56
116	62	163	10K	Dawn	Clark	Female	Sen	No	26	01:13:57	00:02:00	01:15:57
117	63	164	10k	debbie	rowland	female	sen	No	150	01:14:06	00:02:00	01:16:06
118	64	165	10K	Laura	Hart	Female	Sen	No	49	01:14:07	00:02:00	01:16:07
119	55	166	10K	Ray	Blackwell	Male	Vet	No	18	01:15:30	00:02:00	01:17:30
120	65	167	10K	Rachel	Merritt	Female	Sen	No	82	01:16:25	00:02:00	01:18:25
121	66	168	10K	Dee	Sims	Female	Vet	No	116	01:19:00	00:02:00	01:21:00
122	56	169	10K	Neil	Blanchard	Male	Sen	No	19	01:19:03	00:02:00	01:21:03
123	67	170	10K	Amanda	Rudkin	Female	Vet	No	108	01:19:12	00:02:00	01:21:12
124	68	171	10K	Sara	Heath	Female	Sen	No	56	01:19:15	00:02:00	01:21:15
125	69	172	10K	Wendy	Squires	Female	Vet	No	123	01:19:57	00:02:00	01:21:57
126	70	173	10K	Hazel	Jenkinson	Female	Vet	No	66	01:23:05	00:02:00	01:25:05
127	71	174	10K	Charlotte	Hall	Female	Sen	No	45	01:23:25	00:02:00	01:25:25
128	72	175	10K	Natalie	Garnett	Female	Sen	No	39	01:23:26	00:02:00	01:25:26
129	73	176	10K	Helen	Bishop	Female	Vet	No	17	01:29:19	00:02:00	01:31:19
130	74	177	10K	Trish	Brown	Female	Vet	No	21	01:33:17	00:02:00	01:35:17
131	75	178	10K	Tracy	Long	Female	Vet	No	75	01:33:18	00:02:00	01:35:18
132	76	179	10K	Susan	Gover	Female	Vet	No	41	01:42:32	00:02:00	01:44:32
133	57	180	10k	peter	chittenden	male	vet	No	152	02:00:08	00:00:00	02:00:08

1	1	33	10K	Benedict	Robinson	Male	Sen	No	105	00:41:51	00:02:00	00:43:51

10k canicross

1	1	28	10k	nathan	amery	Male	Sen	yes	145	00:41:49	00:00:00	00:41:49
2	2	39	10k	charlei	boher	male	sen	yes	146	00:45:51	00:00:00	00:45:51
3	3	58	10K	Paul	Trace	Male	Sen	yes	129	00:52:05	00:00:00	00:52:05
4	4	87	10K	Darren	Hill	Male	Sen	yes	59	00:59:14	00:00:00	00:59:14
5	5	99	10K	Michael	Bhola	Male	Vet	yes	16	01:02:03	00:00:00	01:02:03
6	6	113	10K	Emily	Barrett	Female	Sen	yes	10	01:04:27	00:00:00	01:04:27
7	7	115	10K	Sarah	Pollock	Female	Sen	Yes	1	01:04:35	00:00:00	01:04:35
8	8	123	10K	Sarah	Mann	Female	Sen	yes	78	01:07:29	00:00:00	01:07:29
9	9	124	10K	Andrew	Buchan	Male	Vet	yes	22	01:07:30	00:00:00	01:07:30
10	10	127	10K	Chris	Hendry	Male	Vet	yes	58	01:08:01	00:00:00	01:08:01
11	11	133	10K	Carole	Parncutt	Female	Vet	yes	91	01:09:17	00:00:00	01:09:17

5k non Canicross

1	1	1	5k	Jon	Plomer	Male	Sen	No	189	00:21:15	00:04:00	00:25:15
1	2	2	5k	neil	rowe	male	sen	No	161	00:28:56	00:04:00	00:32:56
1	1	3	5k	Deborah	White	Female	Sen	No	198	00:30:21	00:04:00	00:34:21
1	3	5	5k	Roland	Ellis	Male	Sen	No	175	00:30:53	00:04:00	00:34:53
1	2	6	5k	Christiana	Pillibeit	Female	Sen	No	188	00:31:13	00:04:00	00:35:13

1	1	33	10K	Benedict	Robinson	Male	Sen	No	105	00:41:51	00:02:00	00:43:51
1	3	7	5k	Annalisa	Alexander	Female	Sen	No	166	00:31:33	00:04:00	00:35:33
1	4	8	5k	Nicky	Stannard	Female	Sen	No	193	00:31:43	00:04:00	00:35:43
1	5	9	5k	Victoria	McCambridge	Female	Sen	No	182	00:31:44	00:04:00	00:35:44
1	6	10	5k	Jane	Orchard	Female	Vet	No	186	00:31:51	00:04:00	00:35:51
1	7	11	5k	Ali	Merrett	Female	Sen	No	183	00:32:36	00:04:00	00:36:36
1	8	15	5k	Karen	Sherwood	Female	Sen	No	191	00:33:09	00:04:00	00:37:09
1	4	16	5k	nick	willis	male	Sen	No	98	00:33:19	00:04:00	00:37:19
1	9	17	5k	Michele	Ingerslev	Female	Sen	No	179	00:33:44	00:04:00	00:37:44
1	10	18	5k	Soelie	Way-Young	Female	Sen	No	196	00:34:00	00:04:00	00:38:00
1	5	19	5k	David	Ampaw	Male	Sen	No	167	00:35:01	00:04:00	00:39:01
1	11	20	5k	megan	rowe	female	sen	No	162	00:35:44	00:04:00	00:39:44
1	12	21	5k	Gem	Singleton	Female	Sen	No	192	00:35:51	00:04:00	00:39:51
1	13	22	5k	Hannah	Venus	Female	Sen	No	194	00:35:52	00:04:00	00:39:52
1	14	23	5k	Alison	Grant	Female	Sen	No	177	00:35:54	00:04:00	00:39:54
1	15	24	5k	Abby	Bishop Clarke	Female	Sen	No	168	00:35:54	00:04:00	00:39:54
1	16	25	5k	Charlotte	Widdows	Female	Sen	No	199	00:36:08	00:04:00	00:40:08
1	17	26	5k	Victoria	Muir	Female	Sen	No	184	00:36:54	00:04:00	00:40:54
1	18	27	5k	Kate	Bull	Female	Sen	No	169	00:37:35	00:04:00	00:41:35
1	19	29	5k	Ellie	Knight	Female	Sen	No	180	00:38:13	00:04:00	00:42:13
1	20	30	5k	Rebecca	Connor	Female	Sen	No	174	00:38:30	00:04:00	00:42:30
1	6	31	5k	adrian	jenner	male	sen	No	159	00:39:01	00:04:00	00:43:01
1	21	32	5k	alison	jenner	female	sen	No	160	00:39:02	00:04:00	00:43:02
1	22	36	5k	Donna	Vincent	Female	Sen	No	195	00:40:34	00:04:00	00:44:34
1	23	38	5k	Johanna	Harrison	Female	Vet	No	178	00:41:29	00:04:00	00:45:29
1	7	42	5k	John	Bullivant	Male	Vet	No	170	00:43:08	00:04:00	00:47:08
1	24	43	5k	Marina	Bullivant	Female	Vet	No	171	00:43:09	00:04:00	00:47:09
1	25	145	5k	Pauline	Cunningham	Female	Sen	No	165	01:08:14	00:04:00	01:12:14

1	1	33	10K	Benedict	Robinson	Male	Sen	No	105	00:41:51	00:02:00	00:43:51
---	---	----	-----	----------	----------	------	-----	----	-----	----------	----------	----------

5k canicross

1	1	4	5k	Lucy	Willett	Female	Sen	yes	200	00:30:52	00:04:00	00:34:52
2	2	14	5k	Alex	Chapman	Female	Vet	yes	173	00:32:53	00:04:00	00:36:53
3	3	12	5k	jo	scott	female	sen	yes	164	00:36:40	00:00:00	00:36:40
4	4	13	5k	samantha	hayward	female	vet	yes	163	00:36:41	00:00:00	00:36:41
